



March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				3 Pizza Day! Raw broccoli and carrot with Ranch Soup: chefs choice Vegetarian: Cheese pizza with broccoli and carrot with ranch Dessert: Fresh cut fruit
4 Chicken ropa vieja, white rice and black beans Soup: chefs choice Vegetarian: spaghetti squash, white rice and black beans Dessert: Fresh cut fruit	5 Ground turkey, potato puree, and roasted zucchini Soup: chefs choice Vegetarian white bean stew, potato puree, and roasted zucchini Dessert: Fresh cut fruit	6 Beef lasagna, with mix vegetables Soup: chefs choice Vegetarian: Vegetable Lasagna with mix vegetables Dessert: Fresh cut fruit	7 Chicken and chickpea vegetable curry, white rice, and naan bread Soup: chefs choice Vegetarian: chickpea curry, white rice, and naan bread Dessert: Fresh cut fruit	8 Cheeseburgers, home fries, and buttered corn Soup: chefs choice Vegetarian: Black bean burger, home fries, and buttered corn Dessert: Mixed berries
11 Beef fried rice, with sauteed vegetables Soup: chefs choice Vegetarian: Vegetable fried rice Dessert: Fresh cut fruit	12 Roasted lemon and herb turkey, pilaf rice, and steamed asparagus Soup: chefs choice Vegetarian: Lemon and herb stewed beans, pilaf rice, and steamed asparagus Dessert: Fresh cut fruit	13 Cheese Ravioli with pink sauce, and sweet peas Soup: chefs choice Vegetarian: Cheese ravioli with pink sauce, and sweet peas Dessert: Fresh cut fruit	14 BBQ Beef meatballs with, potato puree, and green beans Soup: Chefs choice Vegetarian: Garbanzo meatball, potato puree and green beans Dessert: Fresh cut fruit	15 Baked breaded chicken tenders with tater tots and steamed Broccoli Soup: chefs choice Vegetarian: Plant based chicken, with tater tots and steamed broccoli Dessert: Fresh cut fruit
18 Chicken fricassee with vegetables, quinoa rice, and sweet plants Soup: chefs choice Vegetarian: White bean and vegetable fricassee, quinoa rice, and sweet plantains Dessert: Fresh cut fruit	19 Carne asada, white rice, and red bean with vegetables Soup: chefs choice Vegetarian: Red bean stew with white rice and plantains Dessert: Fresh cut fruit	20 Mac and cheese with grilled chicken and roasted broccoli Soup: chefs choice Vegetarian: Mac and cheese with roasted broccoli Dessert: Fresh cut fruit	21 Pizza Day Carrots and ranch Soup: chefs choice Vegetarian: Pizza day with carrots and ranch Dessert: Fresh cut fruit	22 Spring Break (Recess)

**Menu subject to Change*